

# Town of Southold Recreation Programs & Activities Summer 2015



## Piazza Jersey & Caesars Club NEW YORK METS VS. L. A. DODGERS

Left Field Reserved Seating  
(Piazza Package)



**LIMITED SEATING - REGISTER EARLY!**

Enjoy an evening at Citi Field in prime seats as the Mets battle it out with the LA Dodgers. Seats will be in the Left Field Reserved section. The Left Field Reserved seats are located right on the field, so you will be in middle of the action. Besides, Citi Field features unprecedented amenities, so no matter how the game turns out you will have a great time. **All attendees will have access to the Promenade & Caesars Clubs and will also receive a Mike Piazza replica jersey.** Registration for this bus trip has already begun as it was advertised in our spring brochure...early registration is recommended as there are only a handful of tickets available.

**SATURDAY, JULY 25**

**COST:**

**RESIDENTS:** \$75/person

**NON-RESIDENTS:** \$85/person

**DEPART:** 3:30 p.m.

Southold Recreation Center

**GAME TIME:** 7:10 p.m.

*In the event of game cancellation, participants must pay a \$30 transportation fee for the rescheduled game. We cannot issue refunds for this game unless someone is on a waiting list and we are able to fill your spot.*

## SOUTHOLD TOWN BEACHES

All six of our town beaches are scheduled to open and be staffed by lifeguards on Saturday, June 27 and will close for the season on Labor Day, Monday, September 7.

### 2015 BEACH PARKING PERMIT FEES

Resident Daily Beach Permits	\$10.00/Year
Non-Resident Daily Beach Permits	\$25.00/Vehicle
Non-Resident Seasonal Permit	\$150.00/Season
(Includes both car and trailer; Valid Year-round)	
Guest/Lessee Permits	\$40.00/Vehicle

**Beach attendants may issue non-resident day passes only. All other permits are available by mail or in person at the Town Clerk's office.**

### TOWN-OPERATED BEACHES:

GULL POND (Non-Residents welcome)  
3925 Manhasset Avenue, Greenport

KENNEY'S (Residents only)  
475 Leeton Road, Southold

McCABE'S (Residents only)  
8670 Horton's Lane, Southold

NEW SUFFOLK (Non-residents welcome)  
2650 Jackson Street, New Suffolk

TOWN BEACH (Non-residents welcome)  
53005 Route 48, Southold

GOOSE CREEK (Residents only)  
2575 North Bayview Road, Southold

POSITION AVAILABLE-TOWN OF SOUTHOLD



## SWIM LESSON INSTRUCTORS NEEDED FOR SUMMER 2015

A summer 2015 position is available for a Red Cross Certified Water Safety Instructor for the Recreation Department's swimming lessons program. The salary is \$16.57/hour for a multi-week season. **Reimbursement for certification costs is available.** For more information, please call the Recreation Department at 631-765-5182.

## REGISTRATION BEGINS MAY 14

## 2015 SUMMER SHOWCASE CONCERT SERIES

*Celebrating our 25th season  
At Silversmith's Corner*

**ALL CONCERTS BEGIN AT 7:30 P.M.**

June 24	Miles to Dayton
July 1	Eastbound Freight
July 8	Island Jazz Ensemble
July 15	Gene Casey and the Lone Sharks
July 22	North Fork Singer Songwriter Night
July 29	Hidden City Orchestra
August 5	To Be Announced
August 12	Pocket Change
August 19	Greenport Band

### YOUNG FOLKS SHOWCASE

*Sponsored by the East End Libraries:*

**Tuesday, July 7 - 6:00 p.m.**

Happy Clams  
at the Cutchogue Green

**Please bring a lawn chair, blanket, picnic - Admission is free. Donations are gratefully accepted.**

All concerts are held on the Town Green at Silversmith's Corner in the hamlet of Southold. In the event of rain, concerts will be held at the First Presbyterian Church, 53100 Route 25, (Main Road), Southold.

This program is made possible in part with public funds from the New York State Council on the Arts and in Nassau and Suffolk Counties in partnership with the Huntington Arts Council.

Call local libraries for more details and possibly an additional concert in Mitchell Park.



## NEW YORK YANKEES VS. BOSTON RED SOX

*Residents Only!!!*



The Yankees and Red Sox have competed in MLB's American League (AL) for over 100 years and have since developed one of the fiercest rivalries in sports. In 1919, Red Sox owner Harry Frazee sold star player Babe Ruth to the Yankees, which was then followed by an 86-year period in which the Red Sox did not win a World Series. This led to the popularization of a superstition known as the "Curse of the Bambino", which was one of the most well-known aspects of the rivalry. Join us for a trip to Yankee Stadium in the Bronx to see what is sure to be an exciting game. We expect this trip to sell out fast - early registration is strongly recommended!

**TUESDAY, AUGUST 4**

**COST:**

\$77/person

Ticket (Section 232A) &  
Transportation

**DEPART:**

3:00 p.m.

Southold Town Recreation Center

**GAME TIME:**

7:05 p.m.

*There is a limit of 8 tickets per registrant. In the event of game cancellation due to inclement weather, participants must pay a \$27 transportation fee for the rescheduled game. We cannot issue refunds for this game unless someone is on a waiting list and we are able to fill your spot.*

## 2015 RESIDENT BEACH PARKING PERMITS

Resident 2015 beach parking permits are available **EXCLUSIVELY** at the Town Clerk's office. Residents can purchase permits in person or by regular mail.

**BEACH ATTENDANTS DO NOT SELL RESIDENT PARKING PERMITS...**they only issue \$25 non-resident day passes on weekends, which are valid only at specific beaches. They may also be obtained in advance by mail or in person through the Southold Town Clerk's Office.

Contact the Town Clerk's office at 631-765-1800 or find an application and further information at the Town Clerk's page of the Southold Town website:

**[www.southoldtownny.gov](http://www.southoldtownny.gov)**

## BIKE SWAP MAY 16

No longer using that bicycle? Have your children outgrown their bikes? The Southold Youth Bureau will sponsor a bike swap, bring in your gently used bikes (all sizes) and either trade for another or donate it to Community Action of Southold (CAST.) You can also learn information on bike safety and maintenance as well as helmet fitting. Thank you to Country Time Cycle for their assistance with co-sponsoring this event.

**SATURDAY, MAY 16**

**10:00 A.M. - 12 NOON**

**SOUTHOLD TOWN RECREATION CENTER**

# Bodies in Motion-Sports, Fitness & More

## CHAIR YOGA – SEATED AND STANDING POSES ONLY

*with Rosemary Martilotta*

All are welcome to attend this new class. The primary aim of yoga is to restore the mind to simplicity and peace. Unlike other forms of exercise which strain muscles and bones, yoga gently rejuvenates the body. By restoring the body, yoga frees the mind from the negative feelings caused by the fast pace of modern life. The practice of yoga fills up the reservoirs of hope and optimism within you. It helps you overcome all obstacles on the path to perfect health and spiritual contentment. It is a rebirth.

**JULY 6 – AUGUST 24**  
**MONDAYS, 10:00 - 11:00 A.M.**

**COST:**  
**RESIDENTS:** \$40.00/person  
**NON-RESIDENTS:** \$50.00/person  
**LOCATION:** Peconic Lane Community Center

## HATHA YOGA

*with Rosemary Martilotta*

Yoga is an ancient Eastern Indian system of balancing body, mind, and emotions. The goal of yoga is to have a peaceful, clear mind in a sound, healthy body. Hatha Yoga is the aspect of Yoga that approaches this goal through the physical side of the individual. The Yoga postures (asanas) work each part of the body to stretch and tone the muscles, increase fluidity in the joints, and promote flexibility of the entire skeletal system. By releasing physical and mental tension, energy is increased, health is maintained, and a sense of well-being is created. Please bring to class a yoga mat, a belt, 2 flat blankets, an empty stomach, and a smile.

**JULY 6 – AUGUST 24**  
**MONDAYS, 8:15 - 9:30 A.M.**

**COST:**  
**RESIDENTS:** \$45/person  
**NON-RESIDENTS:** \$55/person  
**LOCATION:** Peconic Lane Community Center

## BELLY DANCING

*for Beginner & Intermediate Dancers*  
*with Lenora Dome*

A fun way to keep fit! Reduce stress and rejoice in your feminine self through this ancient art form. Learn the basics of Mid-eastern dance while working every part of your body as you exercise through ribcage and hip isolations, arm and head movements, traveling steps, belly rolls, shimmies and body rolls. A short exciting dance and a veil dance will also be taught. Use of various props will also be covered. Please wear leotards or loose fitting clothing, non-slip socks or slippers.

**JULY 7 – AUGUST 25**  
**TUESDAYS, 6:30 – 7:45 P.M.**

**COST:**  
**RESIDENTS:** \$45/person  
**NON-RESIDENTS:** \$55/person  
**MATERIALS FEE:** \$3/person (Bring to first class)  
**LOCATION:** Peconic Lane Community Center

## IF YOU SNOOZE YOU LOSE!

*Register Promptly to Avoid Landing on a Wait List!*

If you are serious about joining a class we strongly recommend you register as soon as possible. Most popular programs usually sell out within a few days of the initial announcement--*in fact Aerobics and Pilates often sell out within the first day!*

## TENNIS LESSONS

*with Kate McDowell*

Tennis lessons for children 8 and older as well as adults offer all abilities a chance to learn the game and improve their skills. Students must provide their own racket and wear appropriate footwear. **When registering, please make sure to INDICATE THE SPECIFIC SESSION LETTER that you wish to register for.**

**JULY 8 – AUGUST 26**  
**WEDNESDAYS**

**SESSION A**  
**YOUTH:** 2:30 - 3:20 p.m.  
(Youth ages 12 - 17)

**SESSION B**  
**BEGINNER:** 3:30 - 4:20 p.m.  
(Youth ages 8 - 11)

**SESSION C:** 4:30 - 5:20 p.m.  
**BEGINNER +:** (Youth ages 8 - 11 w/experience)

**SESSION D**  
**ADULTS:** 5:30 - 6:20 p.m.  
(Adults ages 18 and over)

**SESSION E**  
**ADULTS:** 6:30 - 7:20 p.m.  
(Adults ages 18 and over)

**COST:**  
**RESIDENTS:** \$40/person/session  
**NON-RESIDENTS:** \$50/person/session  
**LOCATION:** Tasker Park Tennis Courts  
Peconic Lane, Peconic

**REGISTRATION**  
**BEGINS**  
**MAY 14**

## TAI CHI AND QI GONG

*with Denise Gillies*

This program is for people ages 14 and over. Live happy and be well. Reduce stress, activate self-healing properties, improve balance, flexibility and mental focus through this mind, body and spirit practice. Through this ancient form of Chinese exercise and meditation, you will learn simple fluid movements, deep breathing rhythms and visualization techniques to create inner energy and peace. This program is beneficial to all ages and levels of physical fitness. Participants are asked to wear comfortable clothing and bring a yoga mat to the program.

**SESSION A:**  
**JULY 9 – AUGUST 27**  
**THURSDAYS, 6:00 - 7:00 P.M.**

**SESSION B:**  
**JULY 9 – AUGUST 27**  
**THURSDAYS, 7:15 - 8:15 P.M.**

**COST:**  
**RESIDENTS:** \$45/person/session  
**NON-RESIDENTS:** \$55/person/session  
**LOCATION:** Peconic Lane Community Center

*Class size is limited, early registration is strongly recommended.*

## BEGINNER/INTERMEDIATE GOLF LESSONS

*at Island's Golf & Country Club*

Golfers ages 14 and over are welcome to participate in this five week program. Learn the fundamentals and develop good habits at the Island's End Golf and Country Club in Greenport. Local PGA golf professionals will teach group lessons. Participants are welcome to bring their own golf clubs or they may be borrowed.

**SESSION A**  
**WEDNESDAYS, 5:00 - 6:00 P.M.**  
**JULY 15 – AUGUST 12**  
**--OR--**  
**SESSION B**  
**SUNDAYS, 3:00 - 4:00 P.M.**  
**JULY 19 – AUGUST 16**

**COST:**  
**RESIDENTS:** \$110.00/person/session  
**NON-RESIDENTS:** \$120.00/person/session

**LOCATION:** Island's End Golf and Country Club

*In the event of inclement weather, please call the club at 477-0777 or visit their website: [www.islandsendgolf.com](http://www.islandsendgolf.com).*

## CLASSIC BODY SCULPTING/AEROBICS

*with Martha Eagle*

**REGISTER EARLY-PROGRAM SELLS OUT FAST!**

This thorough workout program implements the cross-training method by combining hand-held weights and effective fat-burning aerobic moves to tone and strengthen all muscle groups while increasing flexibility. Please bring an exercise mat and hand-held weights (2-5 lbs.) to class. All exercise levels are welcome to join!

**Participants must be 16 years of age and over.**

**JULY 1 – SEPTEMBER 2**  
**MONDAYS & WEDNESDAYS, 5:30 - 6:30 P.M.**

**COST:**  
**RESIDENTS:** \$45.00/person  
**NON-RESIDENTS:** \$55.00/person  
**LOCATION:** Southold Town Recreation Center

## PILATES, YOGA, AND POWER STRETCHING

*with Martha Eagle*

This thorough early morning workout program will be a mixture of Pilates, yoga, and a power stretch. Pilates mat exercises will strengthen and stretch the torso creating better posture, balance and alignment in the body. This mixture of exercises will blend muscle strength, endurance, flexibility, cardiovascular and respiratory components to create a well-rounded fitness program resulting in greater health benefits. Participants are asked to please bring an exercise mat to class. All exercise levels are welcome to join!

**Participants must be 16 years of age and over.**

**JULY 7 – SEPTEMBER 4**  
**TUESDAYS & FRIDAYS, 7:45 - 8:45 A.M.**

**COST:**  
**RESIDENTS:** \$50/person  
**NON-RESIDENTS:** \$60/person  
**LOCATION:** Southold Town Recreation Center



# WEIGHT TRAINING FOR ADULTS

with Steve Smith

This popular program is back after a hiatus and it's more popular than ever! Our instructor, affectionately known as Smitty, will help you reach your personal fitness goals to develop and strengthen your body. This course will pay special attention to the following muscle groups: chest, shoulders, triceps, biceps, thighs, calves, abdominals, and the lower back.

ADULTS AGES 18 & OVER  
JULY 6 – AUGUST 26  
MONDAYS & WEDNESDAYS  
7:00 - 8:30 P.M.

COST:  
RESIDENTS: \$65/person  
NON-RESIDENTS: \$75/person  
LOCATION: Southold High School  
Weight Room

# WEIGHT TRAINING FOR TEENS

with Steve Smith

This program is for boys and girls ages 13-17 years old who want to learn how to lift weights properly and safely. Increase endurance, muscle strength, sports performance and embark on a lifelong fitness habit. Participants learn all the basics of free weight lifting, from proper positions, breathing, appropriate attire and safety and more.

YOUTH AGES 13 - 17  
JULY 7 – AUGUST 28  
TUESDAYS & FRIDAYS  
3:30 - 5:00 P.M.

COST:  
RESIDENTS: \$65/person  
NON-RESIDENTS: \$75/person  
LOCATION: Southold High School  
Weight Room



# BALLROOM DANCING

with Alfonso from Touch Dancing TV Show

Learn all the right moves whether you are a beginner, intermediate or advance dancer by focusing on how to Lead & Follow. Smooth-Latin-Disco dances will be covered. Class is open to dancers of all ages. Partners not required. **With our new format, there will be one hour of instruction followed by ½ hour of supervised practice.**

JULY 6 – AUGUST 17  
MONDAYS, 7:00 - 8:30 P.M.

COST:  
RESIDENTS: \$70/person  
NON-RESIDENTS: \$80/person  
LOCATION: Southold Town Recreation Center

Program will not be held on July 27



## DOG RULES

When your dog is a beloved part of the family, it's easy to understand how you want to have them participate in as many family activities as possible. Southold Town understands that but also must balance the permission for companion dogs to tag along in public places against the safety needs and enjoyment of these public places with citizens who don't enjoy being in company of dogs.

So while we encourage you to bring your dog along when you enjoy Southold's parks, trails and beaches, we ask you to comply with the rules and regulations in place to ensure everyone has a good time.

In general where dogs are permitted on Town-owned recreation areas, trails and beaches, they must be under the immediate supervision and control of the handler **with the ability to immediately leash the dog.** Additional restrictions apply as follows:

- Dogs must be **leashed and within 4 feet from the handler** at parks, picnic areas, children's play areas, trails and athletic fields.
- Dogs are prohibited from Southold Town bathing beaches when a lifeguard is on duty.
- Dogs are permitted on leash at beaches with no life-guard May 1 - Oct. 1, and between 9 am and 6 pm.
- Handlers are required to clean-up after their dog
- Please refer to the Southold Town Code, section 193-3.1 for additional restrictions.

# LIFE WITH DOGS

## DOG OBEDIENCE CANINE GOOD CITIZEN/PRE-THERAPY

with North Fork School For Dogs

Do you want a well-behaved dog and the best mannered dog in town? Or do you think your dog has what it takes to become a therapy dog? To enroll for this class, your dog must have learned basic training skills as they will be challenged and put "to the test" with loose leash walking, sit and down stays with distractions, and the toughest test, polite greetings of humans and other dogs. You and your dog will have a great time learning these essential behaviors with fun and games, so bring your willingness to have a great time with your dog!

Dogs must be over 6 months old. This obedience class is a prerequisite for any dog owner pursuing a therapy certification. **All dogs must be "dog friendly" in order to attend this program.**

JULY 8 – AUGUST 19  
WEDNESDAYS, 7:00 - 8:15 P.M.

1ST CLASS SESSION (7/8):  
OWNERS ONLY NO DOGS PLEASE!

COST:  
RESIDENTS: \$100.00/dog  
NON-RESIDENTS: \$110.00/dog  
LOCATION: Southold Town Recreation Center



## AMERICAN KENNEL CLUB S.T.A.R. PUPPY PROGRAM (UP TO 6 MONTHS OLD)

with North Fork School For Dogs

Get your dog off to the right start with basic training and socialization. Positive training methods will teach attention, sit, down, take it, drop it, leave it, polite leash and come. Fun and informative learning and problem solving. Please check with your vet as to what age you may safely socialize your puppy. No puppies on the first day of class. All family members welcome.

Socialization, Training, Activity, Responsibility

**Orientation class:** Wednesday, July 8, 7:00 - 8:15 P.M.  
(OWNERS ONLY)

JULY 12 – AUGUST 23  
SUNDAYS, 10:00 - 11:15 A.M.

COST:  
RESIDENTS: \$80.00/dog  
NON-RESIDENTS: \$90.00/dog  
LOCATION: Southold Town Recreation Center  
**\*Class will not be held on July 26\***

## DOG PARK

At the Southold Town Recreation Center

Let your dog stretch run and play off leash at the Southold Town Dog Park, located behind the Recreation Center on Peconic Lane in Peconic. All dogs that use this facility must be legally licensed and up to date on all vaccinations.

# HAMPTONS COLLEGIATE BASEBALL LEAGUE

See the boys of summer in a local arena, and you may find yourself watching a Major League Baseball star of the future. The Hamptons Collegiate Baseball League has seven teams located throughout the East End, and offer an exciting season for fans to enjoy. In addition to attending games, you can support the Hamptons Collegiate Baseball League as it grows. Consider becoming a sponsor, hosting a player in your home, or attending a fundraiser. Visit the "Support" section of the website to learn more. Full information on the Hamptons Collegiate League Baseball can be found at their website: [pointstreaksites.com/view/hamptonsbaseball/hcl](http://pointstreaksites.com/view/hamptonsbaseball/hcl)

## NORTH FORK OSPREYS

At Cochran Park, Peconic

The North Fork Ospreys are the local team playing home games at the baseball diamond at Cochran Park on Peconic Lane in Peconic. The full schedule was not available at publication time, but we do have the dates for the home games, so you can plan to catch a few to cheer on the home team. See below for the home game dates set now.

June 1, Monday, 7 pm start	June 18, Thursday, 7 pm start	July 1, Monday, 7 pm start	July 17, Wednesday, 7 pm start
June 5, Friday, 7 pm start	June 20, Saturday, 7 pm start	July 6, Saturday, 7 pm start	July 19, Friday, 7 pm start
June 7, Sunday, Doubleheader 2 pm start	June 24, Wednesday, 7 pm start	July 7, Sunday, 7 pm start	July 24, Friday, 7 pm start
June 10, Wednesday, 7 pm start	June 27, Saturday, 7 pm start	July 11, Thursday, Doubleheader 4:30 pm start	
June 14, Sunday, Doubleheader, 2 pm start	June 30, Tuesday, 7 pm start	July 13, Saturday, 7 pm start	

# Arts & Crafts, Fun & Games, Self-Improvement

## INTRODUCTION TO ACRYLIC PAINTING

*"A Versatile Water Based Medium"*  
with Lois Levy

Have fun while exploring the fundamentals of this modern painting medium. In this class you will learn the characteristics of acrylic paint from set-up and how to handle them, to getting acquainted with the qualities of the colors and how they inter-mix.

Working with what is known as a "limited palette" of color, participants will create paintings on canvas with the same rich qualities of an oil painting. The best part being the quick dry time and easy cleanup! We will work with a simple still life (photo reference will be supplied by instructor) creating a "value" painting, then a full color version and progress on to other subject matter. Individual attention, as well as demonstrations will be given. This class is ideal for all levels wishing to learn how to paint with acrylics!

**JULY 15 – AUGUST 19**  
**WEDNESDAYS, 1:00 – 4:00 P.M.**

**COST:**  
**RESIDENTS:** \$77.00/person  
**NON-RESIDENTS:** \$87.00/person  
**MATERIALS:** Supply list provided at registration  
**LOCATION:** Southold Town Recreation Center

**REGISTRATION  
BEGINS  
MAY 14**

## YOU BETCHA CAN SING

with Maribeth Mundell

Did you always want to sing but thought you couldn't or never had the chance? Small group settings provide a supportive environment where students are encouraged to have fun while exploring their creativity and vocal potential. Students will learn proper vocal techniques, breathing exercises, and breathing techniques to develop their voices, build self-confidence, and increase musical awareness. The program will conclude with a performance by participants. *This class is open to adults ages 18 and over.*

**JULY 7 – AUGUST 25**  
**TUESDAYS, 7:00 – 8:30 P.M.**

**COST:**  
**RESIDENTS:** \$45.00/person  
**NON-RESIDENTS:** \$55.00/person  
**LOCATION:** Peconic Lane Community Center

## PAINTING IN PECONIC

Bring a canvas or tablet and your favorite paints to our Tuesday afternoon open painting group. Our friendly painters offer a supportive setting where you can create your next work of art-no matter what medium you prefer - watercolor, acrylic, oils, etc. Participants are welcome to share their ideas, suggestions, tips, and to politely critique each other. **Registration is not required for this free program.**

**TUESDAYS**  
**1:30 PM - 3:30 PM**

For further information, please contact Roberta Hering at 765-1659 or Carol Brewer at 734-7873.

## PLEIN AIR PAINTING WORKSHOP

Capture the Essence of the True Light Found in Nature  
with Suzanne Fokine, MFA

This class is for anyone who wants to learn to paint outdoors. Instructions will be in oil but you may choose any medium you are most familiar with such as watercolor, pastels or acrylics. Class is open to absolute beginners or accomplished painters and any one in-between. Each class starts off with demonstrated lessons. Students sketch and paint with the guidance of the instructor throughout the class. Students are responsible for their own supplies. Topics covered include dealing with the elements of outdoors, chasing the light, composition, color, hue, value, tone, intensity, choosing and mixing colors, brushes, varnishes, and more. Participants must be 16 years of age or older.

**SESSION A: JUNE 4, 11 & 18**  
**THURSDAYS, 9:00 A.M. – 12:00 P.M.**

--OR--

**SESSION B: JUNE 25, JULY 2 & 9**  
**THURSDAYS, 9:00 A.M. – 12:00 P.M.**

--OR--

**SESSION C: AUGUST 7, 14, & 21**  
**FRIDAYS, 9:30 A.M. – 12:30 P.M.**

**COST:**  
**RESIDENTS:** \$45.00/person/session  
**NON-RESIDENTS:** \$55.00/person/session  
**MATERIALS:** Supply list provided upon registration  
**LOCATION:** Various locations throughout the town

## INTRODUCTION TO DRAWING

with Lisa Baglivi

Have you always wanted to learn to draw... or brush up on your drawing skills? This is the class for you. The fundamentals of drawing will be covered: observation skills, values, proportions, contour drawing and composition. Skills will be developed by creating still life drawings and studying perspective. Participants will need a drawing sketchbook (11x14 or larger), 2B, 4B and 6B drawing pencils, charcoal pencil and kneadable eraser.

**JULY 7 – 28**  
**TUESDAYS, 10:00 A.M. – 12 NOON**

**COST:**  
**RESIDENTS:** \$45/person  
**NON-RESIDENTS:** \$55/person  
**LOCATION:** Southold Town Recreation Center

## TAKE A HIKE...ON THE TRAILS OF THE NORTH FORK

*(This is a partial list. Visit southoldtownny.gov and navigate to the Land Preservation Department to find a full list of the trails)*

### LAUREL LAKE PRESERVE

Laurel Lake Preserve encompasses 495 acres.

### DOWNS FARM PRESERVE

Downs Farm Preserve is a 51 acre wooded parcel that is the site of Fort Corchaug.

### GOLDSMITH INLET PARK

Goldsmith Inlet Park is a 35 acre parcel with a 1/2 mile trail leading to Long Island Sound.

### CEDAR BEACH COUNTY PARK

Cedar Beach County Park is a 68 acre park with over 2,800 feet on Shelter Island Sound.

Use herbs in food, medicine,  
& cosmetics

## THE SUMMER HERB GARDEN

with Heather Cusack

The summer herb garden is growing; we will learn about using herbs in cooking, make medicines, and harvest the herbs we planted in the spring. Herbs add flavor and nutrition to your food. There is a long history of using herbs as medicines for a variety of ailments. Learn to make sun and infused teas and taste and drink them.

Heather Cusack is an herbalist who has studied at the Boston School of Herbal Studies, Avena Botanicals in Rockport, Maine, and with Rosemary Gladstar at Sage Mountain in Vermont.

**JULY 9 – AUGUST 13**  
**THURSDAYS, 6:00 – 7:00 P.M.**

**COST:**  
**RESIDENTS:** \$38/person  
**NON-RESIDENTS:** \$48/person  
**MATERIALS FEE:** \$5/person (Bring to first class)  
**LOCATION:** Peconic Lane Community Center

## HOMEMADE JAM MAKING

with Barbara Terranova

Homemade items are a treasure for your family & friends. Make gifts for your family and friends to give as holiday or housewarming gifts. This is an enjoyable hobby that is easy to learn. Our instructor will show beginners how to make homemade jam. List of supplies will be provided to make your homemade jam at home. We'll also brainstorm where and when to get supplies. Each participant is asked to please bring a BALL HALF-PINT(8 oz) jam jar with NEW, UNUSED lid & band. (If you don't have one, jar can be provided at a cost of \$2, please let instructor know in advance that you will need a jar.) Each participant will take home a jar of jam.

**TUESDAY, JUNE 2**  
**6:30 – 9:00 P.M.**

**COST:**  
**RESIDENTS:** \$18/person  
**NON-RESIDENTS:** \$23/person  
**MATERIALS FEE:** \$5/person (Bring to class)  
**LOCATION:** Southold Town Recreation Center

## GROW YOUR OWN FOOD

*The Four Seasons Organic Garden*  
with Renato Stafford of HomeGrown

Passionate about organic vegetable gardening for over 20 years, Renato Stafford, of Homegrown has learned and developed many innovative techniques which enable him to grow an abundance of wholesome food, feeding his family something he grows everyday all year long.

Teaching old world methods presented with enthusiasm, Renato has helped many homeowners, schools, and businesses grow healthy organic food right in their own backyard! Topics covered include making soil (compost); choosing a site; unheated high tunnel greenhouse (Hoop House); what to grow; seeds; weeds; watering; succession planting; crop rotation; cooking, canning and food storage.

**MONDAYS, JULY 13 & 20**  
**7:00 – 9:00 P.M.**

**COST:**  
**RESIDENTS:** \$20.00/person  
**NON-RESIDENTS:** \$25.00/person  
**LOCATION:** Peconic Lane Community Center





## SEA ADVENTURES MARINE CAMP & MARINE DISCOVERY PROGRAM

Sponsored by the Cornell University Cooperative Extension of Suffolk County  
Held at the Suffolk County Marine Environmental Learning Center,  
3690 Cedar Beach Road, Southold

NEW!

Registration for the following programs is online only on a first-come, first-served basis...No Residency Requirements! For more information or to register visit: [www.SeaAdventuresMarineCamp.com](http://www.SeaAdventuresMarineCamp.com)

### Sea Adventures Marine Camp

Ages 6-8 (\$325) and 9-12 (\$325)  
Dates: July 13-17; July 20-24; July 27-31 (5 day program)  
Times: 9am to 2pm

### Shark Week! Marine Camp

Ages 7-12 (\$375)  
Dates: July 6-10; August 10-14 (5 day program)  
Times: 9am to 2pm

### Marine Mammals Week! Marine Camp

Ages 8-11 (\$375)  
Dates: August 3-7, 2015 (5 day program)  
Times: 9am to 2pm

### Marine Discovery Programs

Ages 6-8 (\$160)  
Date: June 29 - July 2 (4 day program)  
Times: Monday thru Thursday: 9:00 a.m. to Noon

Ages 8-12 (\$160)  
Dates: June 29 - July 2 (4 day program)  
Times: Monday thru Friday: 1:00 - 4:00 pm

Ages 6-8 (\$200)  
Dates: August 17-21 (5 day program)  
Times: Monday thru Thursday: 9:00 a.m. to Noon

Ages 8-12 (\$200)  
Dates: August 17-21 (5 day program)  
Times: Monday thru Friday: 1:00 - 4:00 p.m.

Persons needing special accommodations should contact 631-852-8660 ext. 39 at least 2 weeks prior to scheduled workshop.

[www.ccsuffolk.org/marine](http://www.ccsuffolk.org/marine) - Click on Youth Education, then North Fork Marine Education to see all that we have to offer.

## ICE CREAM MAKING WORKSHOP

with the Cornell Cooperative Extension

Ice cream is more than a sweet indulgence – it has nutritional value and an interesting history. During this workshop, students will learn to make ice cream the old fashioned way – by hand cranking! Enjoy tasting the delicious “fruits” of your labor by creating your own sundae. This program is open to resident youth in grades K-6.

NEW!

FRIDAY, JULY 24  
1:30 – 2:30 P.M.

### COST:

RESIDENTS: \$10/person

NON-RESIDENTS: \$12/person

LOCATION: Southold Town Recreation Center

Registration must be made by Wednesday, July 15

## YOUTH TAI CHI & QI GONG

with Denise Gillies

This program is for youth ages 7 – 14. Have fun learning an ancient Chinese Martial Art that builds strength, focus and balance in body and mind. Practice simple fluid movements that mirror the movements of animals and nature. Develop better flexibility and stamina for the sports field and better focus and self-control for the classroom! Learn Swimming Bear, Fighting Tiger and the Serpent Sink.

JULY 8 – AUGUST 12  
WEDNESDAYS, 6:00 - 7:00 P.M.

### COST:

RESIDENTS: \$38.00/person

NON-RESIDENTS: \$48.00/person

LOCATION: Peconic Lane Community Center

### Arts & Crafts

## FRIDAY MORNING YOUTH PROGRAM

with Theresa Pressler

Join us at the recreation center on Friday mornings for various youth programs geared toward boys and girls ages 5 and older. Activities will include tie-dye your own T-shirt, various arts & crafts activities, plus many other fun and exciting activities.

JULY 10 – AUGUST 28  
FRIDAYS, 9:15 - 11:15 A.M.

### COST:

RESIDENTS: \$58.00/person  
(including all materials)

NON-RESIDENTS: \$68.00/person

LOCATION: Southold Town Recreation Center

Class will not meet on August 14

## SWIMMING LESSONS

At publication time, the search for a qualified and properly certified swimming instructor has been unsuccessful, and it is a very real possibility that the Recreation Department will be unable to offer swimming lessons to area youngsters in the Summer 2015 season. We are continuing our search until the last possible moment, and if we find one, we will advertise the swimming lessons schedule through email blasts, press releases to local radio stations and newspapers and public service announcements.

If you would like to receive an email notification directly, please complete the registration form on the back page of this brochure and return it to the Recreation Department. You must include your name, phone number and EMAIL ADDRESS with Swimming Lessons written in the activity section.

## CHILDREN'S THEATRE

with Hannah Gray

NEW!

This program aims to provide students aged 8 through 13 with lifelong communication skills, a well-rounded knowledge of the expressive arts through traditional actor training and performance art, music and dance. While the program is performance oriented, there will be a significant emphasis on listening, evaluation, characterization, monologue, improvisation, dance, music, prop and set development. The traditional theatre, music and dance history will be introduced as the basis for culture and communication and the importance of this history will be emphasized.

This program will explore traditional theatre study--improvisation, monologue, and character development as well as the expressive arts such as theatre, dance and music along with the study of movement, mime and gesture from the Jacques Lecoq International School of Theatre. There will be a 15-minute snack break and a 15-minute movement exercise. Program will culminate in a performance for family members and friends.

JULY 11 – AUGUST 29  
SATURDAYS, 8:30 – 11:00 A.M.

### COST:

RESIDENTS: \$60/person

NON-RESIDENTS: \$70/person

MATERIALS FEE: \$25/person (Bring to first class)  
(Covers costume and set costs)

LOCATION: Peconic Lane Community Center

## BARNYARD CAMP

At The Little Red Barn – Jamesport

This is a fun and interactive program designed for children to enjoy and learn about ponies and miniature farm animals. Campers will be taught basic horse, pony, and animal care, have the chance to pet, feed, and interact with some of our Barnyard friends, including baby lambs, kid goats, baby bunnies, and the farm favorite...a pig named “Petunia Charlotte!” All children will be given daily pony rides, play games and do crafts!

Camp offers free lunch supervision when participant is signed up for HORSE, PONY & FARM ANIMAL CAMP as well. Bring your own lunch/drinks.

Session 1: July 6, 7, 9	Session 2: July 13, 14, 16
Session 3: July 20, 21, 23	Session 4: July 27, 28, 30
Session 5: Aug. 3, 4, 6	Session 6: Aug. 10, 11, 13
Session 7: Aug. 17, 18, 20	Session 8: Aug. 24, 25, 27

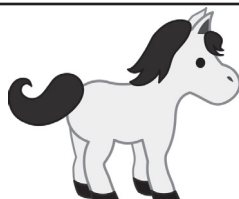
MONDAYS, TUESDAYS, & THURSDAYS  
12:00 - 1:30 P.M.

### COST:

RESIDENTS: \$120/person/session

NON-RESIDENTS: \$130/person/session

AGES: Boys and girls ages 5 – 7



## STORYTIME & PONY RIDE

At The Little Red Barn – Jamesport

Great photo opportunity! Participants will take a farm tour and view our ponies, horses, and miniature farm animals. Children will be read a horse or animal related story, and finish with a pony ride! All participants must be accompanied by a parent or guardian.

MONDAYS  
2:00 - 3:00 P.M.

Session 1: July 6	Session 2: July 13
Session 3: July 20	Session 4: July 27
Session 5: August 3	Session 6: August 10
Session 7: August 17	Session 8: August 24

### COST:

RESIDENTS: \$20/person/session

NON-RESIDENTS: \$25/person/session

AGES: Boys and girls ages 3 – 5

## HORSE, PONY, & FARM ANIMAL CAMP

At The Little Red Barn – Jamesport

Campers will have a hands-on, fun learning experience on the farm with our horses, ponies and farm animals. Located on a private family-friendly farm on the beautiful North Fork, campers will be taught basic grooming, equine/animal care, barn etiquette/safety, and horsemanship. Every day students will have a mini Horseback Riding lesson!

Camp offers free lunch supervision when participant is signed up for Barnyard Camp as well. Bring your own lunch/drinks.

Session 1: July 6, 7, 9	Session 2: July 13, 14, 16
Session 3: July 20, 21, 23	Session 4: July 27, 28, 30
Session 5: Aug. 3, 4, 6	Session 6: Aug. 10, 11, 13
Session 7: Aug. 17, 18, 20	Session 8: Aug. 24, 25, 27

MONDAYS, TUESDAYS & THURSDAYS  
9:00 A.M. – 11:30 A.M.

### COST:

RESIDENTS: \$180/person/session

NON-RESIDENTS: \$190/person/session

AGES: Boys and girls 7 – 12

# Children & Teen Summer Sports Programs

*The following recreational programs are delivered through organizations not affiliated with Southold Town. These are listed as a public service to residents. For registration or more information please contact these organizations directly at the contact information provided.*

## PECONIC SOCCER CAMP

Three week program held at Southold High School; boys and girls Pre-K – 8th grade; June 29 – July 3, July 13 – 17, August 10 – 14, 8:00 a.m. – 12 noon. For a free brochure and registration information, call Mr. O'Brien at 765-1627.

## SOUTHOLD BASKETBALL CAMP

For further information and a registration form, please call Jeff Ellis @ 631-578-6320; Email: ellis1723@aol.com. Camp will be held from June 29 – July 3 at Southold High School.

## YOUTH SUMMER BASKETBALL CAMP

Two week basketball camp for boys and girls will be held from July 6 – 17 for boys and July 20 – 31 for girls. For further information and registration, please contact Jim Christy at 631-298-8085 or Steve VanDood at 631-419-0550. Website: [www.basicbasketballcamps.com](http://www.basicbasketballcamps.com).

## MATTITUCK YACHT CLUB

Mattituck Yacht Club (MYC) will offer sailing lessons to ages 5-18 from this summer. For more information please visit [www.mattituckyachtclub.com](http://www.mattituckyachtclub.com) or call 631-298-8974.

## SOUTHOLD YACHT CLUB

The Southold Yacht Club is again offering sailing lessons for youngsters from 6 years old through high school age. For information see the Club web site at [southoldyachtclub.com](http://southoldyachtclub.com) or call 631-765-5629.

## ALL LEAGUE BASEBALL CAMPS

Baseball camp for youth ages 6-14: July 6 – 10 and August 3 – 7. All League Hitmen travel teams are looking for players in all age brackets: 14 under, 12u, 10u, & 9u. Call Brian Hansen at 553-3940 for info. Website: [www.allleaguebaseballcamp.com](http://www.allleaguebaseballcamp.com).

## CPR COURSE

*American Heart Association Basic Life Support for the Health Care Provider*

American Heart Association Adult/Infant and Child CPR, foreign body airway obstruction in conscious and unconscious patients, use of barrier protection (pocket masks), bag valve mask ventilation (BVM's) and the use of the Automated External Defibrillator are covered in this course. There is a written and skills evaluation for this program. Students will receive the BLS for Health Care Provider Course Certification along with a study guide. This course will satisfy the requirements of Certification for many First Responders, EMS, Fire, EMT, Paramedic, Nurse, Doctor or Lifeguard.

**SATURDAY, JUNE 6  
8:00 A.M. – 12 NOON**

### COST:

**RESIDENTS:** \$60.00/person

**NON-RESIDENTS:** \$70.00/person

**LOCATION:** Southold Town Recreation Center



# Additional Programs & Activities–All Ages

*The following recreational programs are delivered through organizations not affiliated with Southold Town. These are listed as a public service to residents. For registration or more information please contact these organizations directly at the contact information provided.*

## ASTRONOMY FOR BEGINNERS AT THE CUSTER INSTITUTE

A VERY introductory course in elementary astronomy. Topics to be covered will be pretty much left up to the astronomical interest of the participants. Some possible suggestions are how to use star charts and starfinders, telescopes, sun, moon, planets, minor members, constellations, stars, deep sky objects, and special astronomical events. Observatory telescopes will be available to look through on the evening of clear sky conditions. ***This program is for ages 14 and over.*** July 14 – August 6, Tuesdays & Thursdays, 7:30 – 10:00 p.m. Cost will be \$55/person, check made payable to Custer Institute. Send (with name, address, phone) to Custer Institute, PO Box 1204, Southold NY 11971. Info: 765-2626; [www.custerobservatory.org](http://www.custerobservatory.org). **Registration deadline: July 1.**

## CUSTER INSTITUTE AND OBSERVATORY INC.

Every Saturday evening from 7pm until midnight, Custer is open to the general public. For further information, please visit their website at [www.CusterObservatory.org](http://www.CusterObservatory.org).

## HORTON POINT LIGHTHOUSE & NAUTICAL MUSEUM

Volunteers Invited! Give back to your community, meet your neighbors, become part of the North Fork's maritime history. You may choose to greet visitors, be a guide, or work in the gift shop. For further information, please call Clare Air at 631-323-3660 or e-mail her at [c.air@rcn.com](mailto:c.air@rcn.com).

## LIGHTHOUSE CRUISES

For information & reservations: [www.eastendseaport.org](http://www.eastendseaport.org); [info@eastendseaport.org](mailto:info@eastendseaport.org), 631-477-2100.

## LIGHT PAINTERS PHOTO WALKS

Meet other local photographers and enjoy monthly photo excursions. Location and schedules at [www.lightpainterslearningcenter.com](http://www.lightpainterslearningcenter.com)

## NORTH FORK WOMEN'S SOFTBALL LEAGUE

Our league is looking for additional teams and/or players. Women ages 17 and up, play held from June - August. Registration deadline is June 1. Contact Courtney Meringer at 631-872-2844; [Courtneymeringer@gmail.com](mailto:Courtneymeringer@gmail.com).

## 45th ANNUAL CHARITY FUNDRAISER CUTCHOGUE LIONS CLUB CAR SHOW

Sunday, June 28 – 9:00 a.m. – 4:00 p.m. at the Pindar Vineyard located at 37645 Route 25 in Peconic. Admission is \$5 – children under 12 free. Please visit our website at [www.CutchogueLionsClub.com](http://www.CutchogueLionsClub.com) or contact us at [CutchogueLions@optonline.net](mailto:CutchogueLions@optonline.net).

## SOUTHOLD TOWN GARDEN CLUB

Do you have a love of gardening? Join our club which meets on the first Wednesday at Southold Library at 1:00 p.m. Info: please call Hilde Peters @ 765-1337. Please come to our Flower Show on Wednesday, June 17 @ Raphael Vineyards in Peconic from 1:00 – 5:00 p.m.

## RELAY FOR LIFE

**Saturday, May 30; 12 noon**  
**Jean Cochran Park, Peconic**



The Relay For Life of Southold celebrates its 10th year in 2015. May 30th will be a day of celebration and remembrance in our community's fight against cancer! Please join us!

To learn more: Claire Smith at [Claire.Smith@cancer.org](mailto:Claire.Smith@cancer.org) or 631-300-3146. Website: [www.relayforlife.org/southoldny](http://www.relayforlife.org/southoldny).

## THE NORTH FORK COMMUNITY THEATRE

For performance schedule and audition/volunteer information, please visit their web site at: [www.nfct.com](http://www.nfct.com).

## NORTH FORK AUDUBON SOCIETY

Learn more about their programs: 631.477.6456; [www.northforkaudubon.org](http://www.northforkaudubon.org). Check out their Tuesdays with Tom Birdwatching Hikes.

## GROUP FOR THE EAST END

The Group for the East End aims to protect and restore the environment of eastern Long Island through education, citizen action and professional advocacy. Come out and join us for a hike, paddle, or wildlife search to learn more about our beautiful East End. For further information, please visit our website at [GroupfortheEastEnd.org](http://GroupfortheEastEnd.org).

## LOCAL LIBRARY PROGRAMS

Cutchogue-New Suffolk Free Library:

[www.cutchoguelibrary.org](http://www.cutchoguelibrary.org)

Floyd Memorial Library: [floydmemoriallibrary.org](http://floydmemoriallibrary.org)

Mattituck-Laurel Library: [www.mattlibrary.org](http://www.mattlibrary.org)

Southold Free Library: [southoldlibrary.org](http://southoldlibrary.org)

## SOUTHOLD MOTHERS' CLUB

SMC is open to all moms, caregivers and expectant moms with children ages 0-6. For more information or to join SMC please visit [www.southoldmothers.org](http://www.southoldmothers.org) or email [southoldmothersclub@gmail.com](mailto:southoldmothersclub@gmail.com).

## CAST PROGRAMS

**Community Action of Southold Town, Inc. (CAST)**  
CAST provides a safety net for residents in need in the areas of food, clothing, energy, health and education. Donations of all types are accepted all year. Volunteer opportunities are available. Monetary donations are always gratefully accepted as CAST is funded solely by the local community. For further information, please call CAST at 477.1717.

Website: [www.castsoutholdtown.org](http://www.castsoutholdtown.org).

## VISUALLY IMPAIRED PERSONS OF SOUTHOLD

Meet first Wednesday - Southold Town Recreation Center at 10:30 am. Call Steve Carroll at 631-875-1896 or Nancy May at 516- 238-9768.



## BOAT RAMPS ON THE NORTH FORK

Visit [SoutholdTownNY.gov](http://SoutholdTownNY.gov) for maps and more information on the boat ramps listed below.

- Cedar Beach Road Boat Ramp, Southold (Peconic Bay)
- Gagen's Landing Road Boat Ramp, Southold (Goose Creek)
- Mattituck Creek Boat Ramp, (Route 48), Mattituck (Mattituck Creek)
- Mill Creek Boat Ramp, Bayview Avenue-South, Greenport (Mill Creek)
- Narrow River Road Boat Ramp, Orient (Hallocks Bay / Long Beach Bay)
- New Suffolk Boat Ramp, Jackson Street, New Suffolk (Peconic Bay)
- Norman E. Klipp Park Manhasset Avenue, Greenport (Gull Pond)
- NYS DEC ramp at Truman's Beach (Route 25), East Marion (Long Island, Sound)
- NYS DEC ramp on Naugles Drive, Mattituck (Mattituck Creek)
- Parkers Landing Road Boat Ramp, Peconic (Richmond Creek)
- Pine Neck Road Boat Ramp, Southold (Jockey Creek / Town Creek)
- Sandy Beach Road Boat Ramp, Greenport (Sterling Basin)
- Terry Lane Boat Ramp, Southold (Jockey Creek / Town Creek)

## SHELLFISH PERMITS & FISHING LICENSES

A non-commercial shellfish permit application for a full time resident or property owner in the Town of Southold is available at the town clerk's office or the town website. All full-time residents/property owners 10 years of age and older must obtain a permit for non-commercial shellfishing. Anyone under the age of 10 years must be accompanied by an adult with a permit. The fee is \$5.00 (free for residents 62 years and older).

You may obtain the Commercial Shellfish Permit at the Southold Town Clerk's Office during normal business hours by presenting your NYS Driver's License, NYS DEC Commercial Shellfish Permit, and paying the proper fee. You must apply in person for the commercial shellfish permit.

For information regarding fishing licenses, please visit the New York State Department of Environmental Conservation's website: <http://www.dec.ny.gov/>.

### ONLINE BROCHURE

You can find this brochure online at the Town's website. Just navigate to the Recreation Department from the homepage and look for the link to programs. You can download the program descriptions and even download and print a registration form.

[www.southoldtownny.gov](http://www.southoldtownny.gov)



## PROGRAM INSTRUCTORS NEEDED

Are you able to teach a recreation or adult education program for the Southold Town Recreation Department? We are looking for your skills and expertise to help us provide a wider variety of programs and activities for town residents. The salary for all program instructors would be \$30/hour. The majority of our programs run for 6-8 weeks, one night a week, for an hour or 1.5 hours. All ideas and suggestions are welcome and appreciated. If you are interested, please contact the recreation department for a program instructor application.

**TOWN OF SOUTHOLD  
RECREATION DEPARTMENT  
PO BOX 267  
PECONIC NY 11958  
631.765.5182**

**[Ken.Reeves@town.southold.ny.us](mailto:Ken.Reeves@town.southold.ny.us)**

## BLOOD DRIVES

The Southold Fire Department will be hosting a blood drives on Wednesday, May 27 from 2:15 - 8:15 pm. All donors will be treated to a free spaghetti dinner between 5 and 8 pm. To be a blood donor, you must be between the ages of 16-75 (16 year olds must have parental permission, ages 76 and over need a doctor's note), weigh at least 110 pounds, and be in good health. Appointments are not necessary. For more information, please contact Michael Zweig: [michaelzweig1942@gmail.com](mailto:michaelzweig1942@gmail.com).

**REGISTRATION  
BEGINS  
MAY 14**

## F.A.N. (FOOD AND NUTRITION) FOOD COMMODITY SUPPLEMENTAL FOOD PROGRAM (CSFP)

This program offers free, nutritious foods to seniors aged 60 years of age and older, and to some women and children that are not eligible for the Supplemental Nutrition Program for Women, Infants, and Children (WIC) Program. The program provides a monthly allotment of food including canned fruits, juices, vegetables, cereal, pasta, canned fish, meats, and dairy items. Eligibility is based on family size, age and income. Families participating in the Women Infants and Children (WIC) program are not eligible. Please call 491-4166 for additional information. CSFP charges no fees. This program usually meets on the second Thursday of each month from 10:00 - 11:00 a.m. at the Peconic Lane Community Center.

## DEVELOPMENTAL DISABILITIES PROGRAM

*with Lynne Richards*

Southold Town's Program for the Disabled, sponsored in conjunction with the East End Disabled Benevolent Fund, Inc., serves any individual with a developmental, mental, or physical disability residing on the East End. This social and recreational program offers varied activities including: bowling, golf, monthly dances with desserts and music provided by a local DJ, day outings comprised of lunches at local restaurants, movies, shopping and special bus trips to New York City, etc. For more information regarding this program, please call Lynne Richards at 765-1551 or write to her at 185 Mechanic Street E., Southold, NY, 11971.

## JUST FOR SENIORS

*Geared to Seniors but All Ages Welcome*

### SMART DRIVER COURSE

*with Bernie Kettenbeil, R.N.*

This new and updated program of classroom instruction, developed by the AARP and approved by the NYS Department of Motor Vehicles, helps you refine and hone existing skills and develop safe defensive driving techniques. Learn how to handle adverse driving conditions, distracted driving behaviors, NYS laws, and traffic hazards. Participants will learn about the effects of aging, medications, hearing loss, and vision issues. Although this program is aimed at drivers aged 50 and older, it is open to licensed drivers of all ages.

You may be eligible for up to a 10% reduction of the collision portion of your insurance, deductions may vary by company. Reduce up to 4 DMV points on your record.

**THURSDAY, JULY 9  
8:30 A.M. - 3:30 P.M.  
Southold Town Recreation Center**

#### COST:

**AARP MEMBERS:** \$20.00/person

(Please provide your membership number at time of registration)

**NON-MEMBERS:** \$25.00/person

#### SPECIAL PAYMENT INSTRUCTIONS:

**Each participant must pay with a separate check or money order payable to AARP.**

**CASH OR CREDIT PAYMENTS ARE NOT ACCEPTED.**

## SENIOR EXERCISE

Come on down to the recreation center for some fun while exercising to music videos and tapes. There is no charge for this program.

**FRIDAYS:** 10:00 - 11:00 a.m.  
**LOCATION:** Southold Town Recreation Center

## SOUTHOLD-PECONIC SENIOR CITIZENS CLUB

*Needs a few good members*

Get out of the house and enjoy a change of scenery while you make new friendships and maybe renew some forgotten ones. Meetings are held two times a month, on Thursdays, at the Southold Recreation Center in Peconic.

Enjoy activities ranging from bus trips, bingo games, billiards, luncheons, and holiday parties with special menus for St. Patrick's Day, Oktoberfest, and Christmas.

Attendance and membership is free of charge and coffee is provided, but members must bring their own lunch.

So mark your calendar for Thursdays, pack a lunch and grab a seat at the next meeting.

Learn more from Paula Johnson (631-734-8039) or Donald Wagner (631-765-4934).

**2ND & 4TH THURSDAYS; 10:45 A.M.  
SOUTHOLD RECREATION CENTER  
970 PECONIC LANE, PECONIC**

## SOUTHOLD TOWN SENIOR SERVICES

The Southold Town Human Resource Center in Mattituck provides many support services for seniors aged 60 and older, including hot nutritious meals at the center and delivered to the home, residential repair programs, adult daycare, caregiver support, and much more. Learn more by calling 631-298-4460.

REFUND POLICY

Full refunds will be granted if a class or program is cancelled due to insufficient enrollment or is cancelled by the recreation department – no cancellation fee will be assessed. We cannot issue refunds for trips, special events, or ticketed events unless someone is on a waiting list for said event and we are able to fill your spot. If this occurs, a \$5 cancellation fee will be assessed. A full refund will be issued if the registrant cancels their registration two or more weeks before the start of a class or program, however, the \$5 cancellation fee, per transaction, will be assessed to the participant. No refunds will be issued if the request is made two weeks or less before the start of a class or program. Refunds are not offered to registrants after the start of a class or program. Please note: If you do not show up for a program or class, we cannot give you credit and allow you to participate in the next session. You must register again and pay the full price. When requesting a refund, please provide us with your receipt number. Refunds for payments made by check or cash will be issued in the form of a check and will be mailed out approximately 2 – 4 weeks following the participant’s completion of a refund voucher. If your payment was made by credit card, refunds will be credited back to the same credit card used at the time of registration.



TOWN OF SOUTHOLD

Scott A. Russell, Supervisor  
Louisa P. Evans, Justice/Councilwoman  
William P. Ruland, Councilman  
Jill M. Doherty, Councilwoman  
James Dinizio, Jr., Councilman  
Robert Ghosio, Councilman

Elizabeth A. Neville, Town Clerk  
Vincent Orlando, Superintendent of Highways  
\*\*\*\*\*  
Ken Reeves, Recreation Supervisor  
Recreation Department: 631.765.5182  
E-Mail: Ken.Reeves@town.southold.ny.us  
web: www.southoldtownny.gov

REGISTRATION POLICY

Registration is taken on a first come, first served basis either in person at the recreation center (located at 970 Peconic Lane in Peconic) or by mail. Telephone registrations will not be accepted. Early registrations will not be processed until 4:00 p.m. on the first day of registration. Many programs fill up quickly, so if you are able to register in person, this would increase your chances of getting into the program you desire. Office hours are Monday - Friday, 8:00 a.m. - 4:00 p.m. Payment (either cash, check, Visa, Discover, or MasterCard) is required at time of registration. Program fees will not be pro-rated. A \$20 fee will be charged for any returned check.

Participants are advised to have a complete physical prior to participating in activities that are strenuous. All participants take part in the Southold Town recreation programs at their own risk. The Town of Southold Recreation Department assumes no responsibility for injuries suffered or sustained from risks inherent in participating in department sponsored programs or while using recreation program facilities.

For the safety and enjoyment of everyone, adults are kindly asked not to bring children to any recreation programs or activities geared toward adults. Children brought to adult classes interfere with other participants and the instructor. This is for the safety of your children and the consideration of other program participants. Please do not bring pets to class. Pets often create allergy problems and can be disruptive to the class. Early registration for all programs and activities is strongly recommended! If you wait, you may be too late.

SOUTHOLD TOWN HOLIDAYS

The Southold Town Recreation Center will be closed on the following days:

Monday, May 25	Memorial Day
Friday, July 3	Independence Day
Monday, September 7	Labor Day
Monday, October 12	Columbus Day
Tuesday, November 3	Election Day
Wednesday, November 11	Veteran’s Day
Wednesday, November 25	½ day, building closes at 11:30 a.m.
Thursday, November 26	Thanksgiving
Friday, November 27	Day after Thanksgiving
Thursday, December 24	1/2 day, building closes at 11:30 a.m.
Friday December 25	Christmas Day
Thursday, December 31	½ day, building closes at 11:30 a.m.

TOWN DIRECTORY

Supervisor/Town Board	765-1889
Accounting	765-4333
Animal Shelter	765-1811
Assessors	765-1937
Bay Constable	765-2600
Building Department	765-1802
Code Enforcement	765-6620
Community Development/DPW	765-1283
Data Processing	765-1891
Department of Solid Waste/ Transfer Station	734-7685
Engineer	765-1560
Highway Department	765-3140
Human Services/Nutrition Center	298-4460
Justices/Justice Court	765-1852
Land Preservation Department	765-5711
Planning Board	765-1938
Police Department	765-2600
Receiver of Taxes	765-1803
Recreation Department	765-5182
Town Attorney	765-1939
Town Clerk	765-1800
Town Historian	765-1981
Town Trustees	765-1892
Youth Bureau	765-5806
Zoning Board of Appeals	765-1809



TOWN OF SOUTHOLD REGISTRATION FORM

When registering by mail, please submit separate checks for each program you are registering for! Office use only: \_\_\_\_\_

Adult Name: \_\_\_\_\_  
Last Name (Adult) First Name

Mailing Address: \_\_\_\_\_  
PO BOX OR STREET TOWN STATE ZIP CODE

Home Phone: \_\_\_\_\_ Work Phone: \_\_\_\_\_

Cell Phone: \_\_\_\_\_ E-Mail: \_\_\_\_\_

Please include even if we already have it. We do not share or sell your personal information. For official Town use only.

PARTICIPANT’S NAME	AGE	PROGRAM NAME	FEE
TOTAL COST			

REGISTRATION BEGINS MAY 14, 2015

Make separate checks payable to: TOWN OF SOUTHOLD (Unless otherwise indicated in course description)

**WAIVER:** With my signature below, I am aware that by registering and participating in, or registering my child/ward for and allowing his or her participation in any program or activity offered by the Town of Southold, I am WAIVING and RELEASING all claims for myself and my child/ward arising out of such registration and participation. I agree to indemnify, protect and hold harmless the Town of Southold, its officials, employees, agents, instructors, and servants from any and all claims, demands, actions, suits, damages, loss and expenses of whatever kind of nature to any person or to any property arising out of or in conjunction with this activity. I have also read and fully understand the registration and refund policies.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Credit Card Information (Visa, MasterCard, or Discover)

Name as it appears on credit card \_\_\_\_\_

Credit Card Number \_\_\_\_\_

Check one: ☐ Visa ☐ MasterCard ☐ Discover

Expiration Date (MM/YY) \_\_\_\_\_ CVC \_\_\_\_\_



Billing Address on Credit Card

\*Credit Card payments are accepted by mail or in-person\*  
Mail to: Southold Recreation Department, PO Box 267, Peconic NY 11958  
631-765-5182  
Registrations may be submitted only by mail or in person at the Southold Recreation Center on Peconic Lane in Peconic.  
Telephone registrations are not accepted. No Exceptions.